



Anne Riggs Childcare

anneriggschildminding.co.uk

Looking after generations of
Plymouth's children since 1989

Health and Safety Policy

The Health and Safety of your child is very important to me and I have therefore documented the following procedures that I have in place to support this.

- When applicable arrivals and departures will be staggered to comply with any required Covid distancing measures. Older children should be supervised from a distance and walk the final 2m to the setting independently, babies should be placed in a buggy then parents withdraw to a distance of 2m while their child is collected from it.
- All children will wash their hands on arrival and regularly through out the day, being helped where needed.
- I will comply with all Covid government guidelines with regards to having visitors in my home/garden and parents will be expected to stay outside when guidelines dictate.
- I will ensure that I have sufficient tissues for children to use if they cough or sneeze, they are taught to sneeze into their elbows if do not have time to get a tissue in place and they wash their hands after disposing of the tissue in a lidded bin. If any children show signs of suspected covid infection I will follow my Accident/Illness Policy procedures.
- All high risk/use areas such as door handles, bannister, tables, chairs, sofa, taps, kitchen areas, lunch boxes will be cleaned regularly with Miltons or Zofira virus disinfectant diluted as per instructions on their bottles.
- All toys will be checked and cleaned regularly as above or quarantined for the appropriate time required to ensure they are safe for your child to use. Any broken or hazardous toys will be removed immediately. Children will only be offered toys and resources that are suitable for their age/stage of development
- I do a quick risk assessment of my home every morning before the children arrive to ensure that it is a safe environment for minded children
- All equipment will be checked and cleaned regularly. All equipment is fitted with the correct safety harnesses to prevent accidents, for example highchair and pushchairs.
- Car seats are checked regularly to ensure they are correctly fitted. I will never use a second hand car seat if I do not know its history. Children only sit in the front seat when another space is not available (only school aged children)

- My car is regularly serviced and MOT. I use the safety locks on the back doors when appropriate. My car insurance is for Business use.
- I use safety equipment appropriate for the children in my care, ie stair/safety gates, room divider, cupboard locks etc. These are checked regularly.
- I will keep my front door locked to prevent the children opening the door (with the key easily available to an adult in an emergency) .
- I have procedures in place in the event of a fire (see separate fire plan)
- I keep my kitchen very clean to prevent contamination, following hygiene guidelines on the storing of food, keeping the fridge at the correct temperature etc and adhere to the Foods Standards Agency Safer Foods documentation for childminders. Children's lunch boxes are wiped with Miltons including before being placed in the fridge when foods are perishable.
- I ensure that the children do not have access to any waste, used tissues are placed in a lidded bin and bins are emptied daily with any used nappies being wrapped and placed in the outdoor rubbish bin.
- I do not permit smoking of any kind in my home at any time (see separate policy)
- I have strict Child Protection guidelines in place (see separate safeguarding policy)
- Children must stay within sight or sound of me when we are away from the home. Younger toddlers/babies will be strapped in a sling or pushchair, older toddlers will either be on a harness/ wrist strap or holding onto my hand/pushchair and older children will walk beside me, as appropriate.
- I have emergency contact details with me at all times should I need to contact the parents.
- I will work with you to teach the children about safety issues such as crossing the road and stranger danger.
- I will work with you to teach the children about making healthy food choices and physical exercise.
- Sleeping children will be regularly checked on and monitored by way of a two-way baby monitor.
- I discourage the children from keeping 'secrets'.
- I have an open door policy whereby parents can raise any concerns regarding the health and safety of their children at any time.
- If a child has a serious accident that results in their being incapacitated for 3 days I will record this. If a child has a serious accident that results in specified injuries, incapacitates them for 7 days or if they require attendance at a hospital then I will also report this to RIDDOR as required.
- I adhere to the requirements of COSHH when using/storing any substances hazardous to health (ie cleaning substances etc.) and keep these out of reach of children at all times.